

# Before the workshop...

- Print out these pages, and the phone number and PIN for the call
- Leave everything blank until you hear on the call what to write in (i.e., don't fill anything in ahead of time.)
- Make sure you have a pen or pencil handy to take notes and to fill in the blanks on these pages
- Be prepared to identify (and share) conflicts and issues you are having in reaching your goals; e.g. “Can'ts”, “don't know's”, and dilemmas. Remember, you're in coaching now; I may call on you by name and ask you questions!
- Call in to the conference line a few minutes ahead of schedule, to make sure that we can start on-time and you don't miss anything!
- Mute your phone when you are not speaking:  
  
use \*6 on your touchtone keypad to mute  
use #6 to un-mute
- TIP: If your phone has a built-in mute function, use that instead; you can switch it on and off faster without having to wait for the teleconference system to stop telling you that you just muted or unmuted!

# You Become What You Decide (and so does your life!)



That which is

\_\_\_\_\_

creates that

which is

\_\_\_\_\_!

**Or, in other words:**

The \_\_\_\_\_ create the \_\_\_\_\_!

-- *T. Harv Eker, in  
Secrets of the Millionaire Mind*

# The Master Keys to Fulfilling Decisions

**1.**

**2.**

**3.**

# Decision-Making, Donald Trump Style!

*Treat every decision like a \_\_\_\_\_....  
Some of the best business decisions  
are made out of \_\_\_\_\_!*

*-- Donald Trump, in "Think Like a Billionaire"*

1. What is the \_\_\_\_\_  
\_\_\_\_\_?

2. \_\_\_\_\_?

3. \_\_\_\_\_!

# The Three Wise Decision Makers



**SEEk no evil:**

If nothing but  
the \_\_\_\_\_ will  
\_\_\_\_\_ you,  
you will never  
be \_\_\_\_\_!

**HEAR no evil:**

Never allow  
that which  
\_\_\_\_\_ \_\_\_\_\_  
to overrule that  
which \_\_\_\_\_  
\_\_\_\_\_!

**SPEAK no evil:**

That which we  
can \_\_\_\_\_  
is often that  
which \_\_\_\_\_  
\_\_\_\_\_!

# Notes on the Three Wise “Deciders”

**1.**

---

---

---

---

---

---

---

---

---

---

**2.**

---

---

---

---

---

---

---

---

---

---

**3.**

---

---

---

---

---

---

---

---

---

---

**What are you holding yourself back from?**

---

---

---

---

---

---

---

---

---

---

---

---

---

**What are you holding back from yourself?**

---

---

---

---

---

---

---

---

---

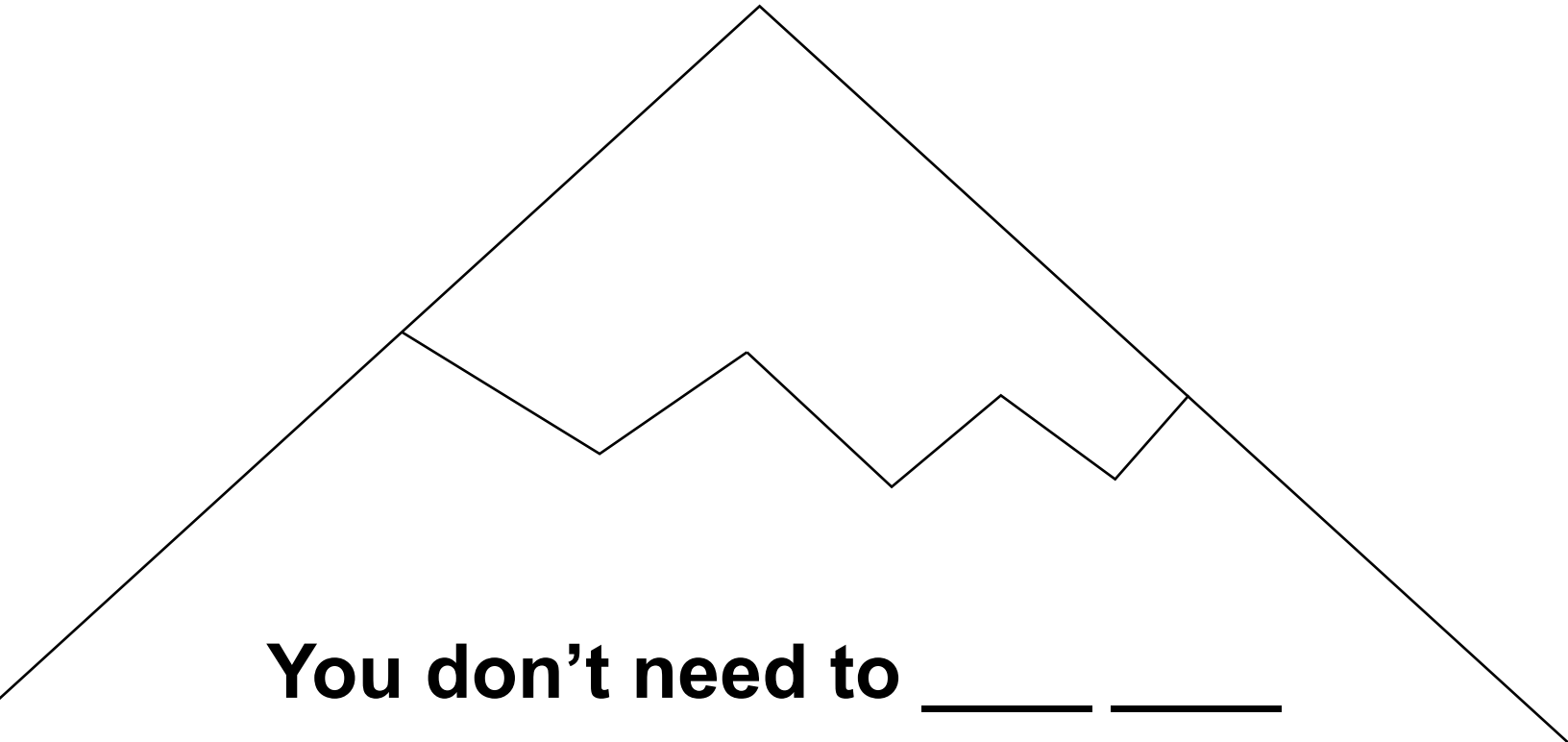
---

---

---

---

**A Goal is a \_\_\_\_\_, not a \_\_\_\_\_!**



**You don't need to \_\_\_\_\_**

**\_\_\_\_\_.**

**You just have to be**

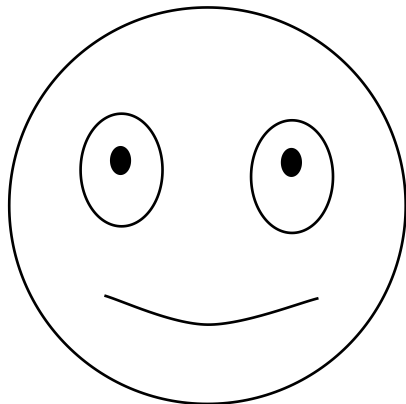
**\_\_\_\_\_ them.**



# Indecision is Suffering



**BEFORE**



**AFTER**

**Your quality of life is more affected**

**by \_\_\_\_\_,**

**than by \_\_\_\_\_!**

**And the meaning of your life is determined**

**by what you \_\_\_\_\_.**

# What Commitment Is (And Isn't)

**NOT** \_\_\_\_\_, but \_\_\_\_\_  
\_\_\_\_\_!

**NOT** \_\_\_\_\_, but  
only the \_\_\_\_\_!

**NOT** the \_\_\_\_\_ of \_\_\_\_\_, but the  
gift of \_\_\_\_\_ and \_\_\_\_\_!



# Wrap-up and Feedback

**1. What did you enjoy most?**

**2. What are you going to start using immediately?**

**3. What kind of difference will it make to your life?**

Send answers to [feedback@dirtsimple.org](mailto:feedback@dirtsimple.org)